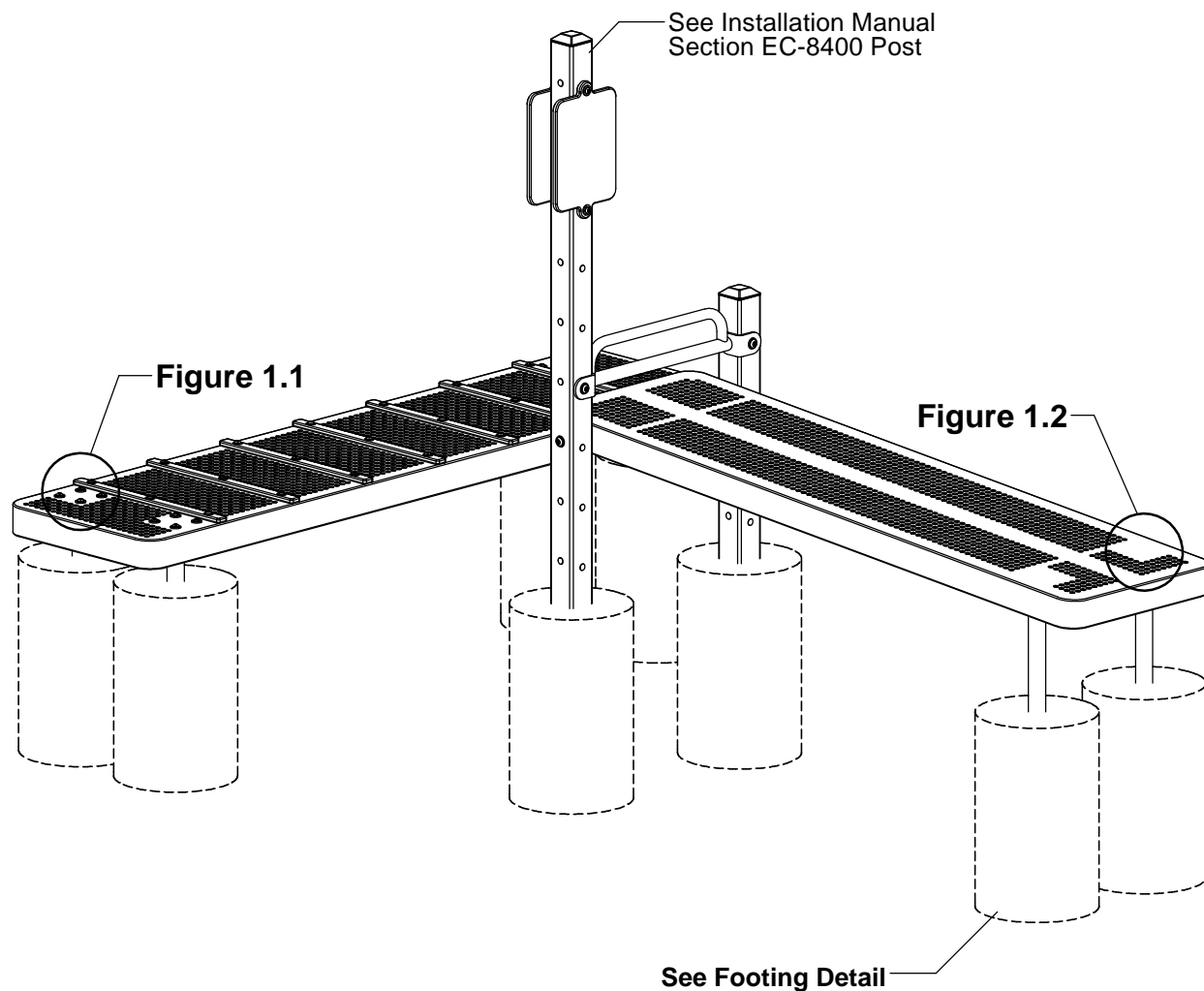


IMPORTANT NOTES: Read First

(A) Use liquid thread lock (such as Loctite®) with all threaded hardware. **Important:** Liquid thread lock (prior to curing) helps to eliminate the common problem of "thread seizure" in stainless steel hardware by serving as a lubricant during assembly.

(B) Do not pour concrete until the equipment is completely assembled, leveled and plumbed. Concrete must be allowed to cure completely before using the equipment (at least 72 hours).

FIGURE 1
Sit-Up &
Step Training Station



NOTE: Exercraft Basics
Inground Mount shown.

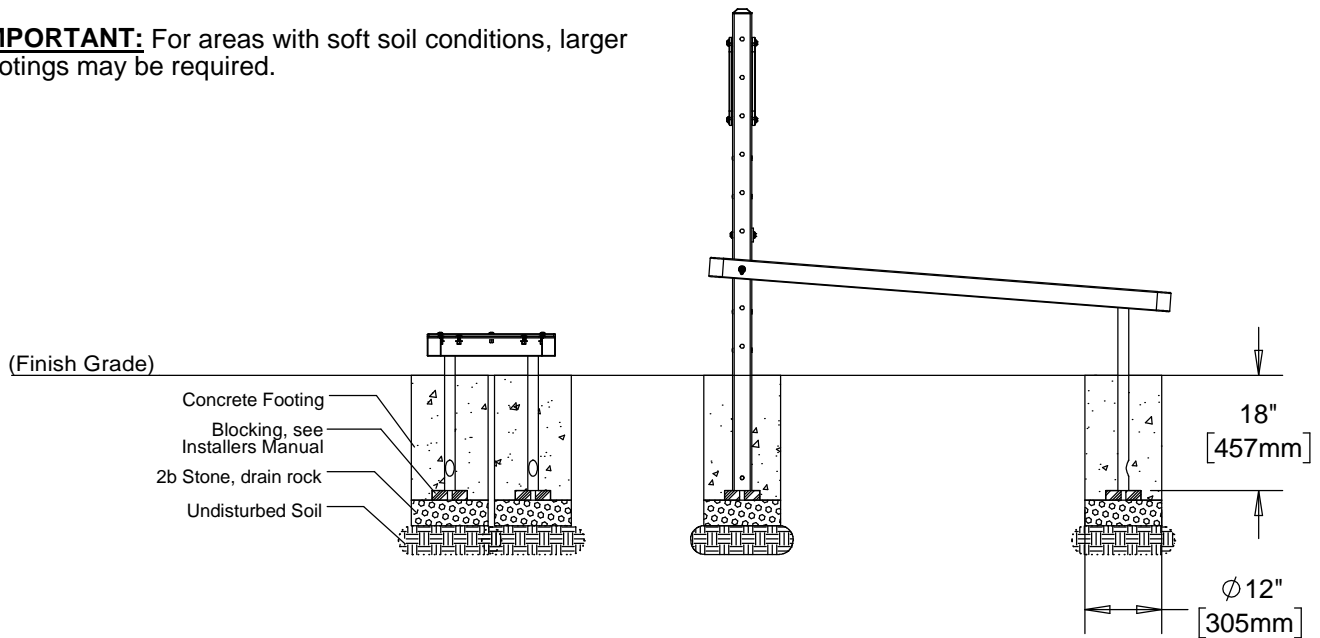
Step 1

For Inground Mount Leg Only

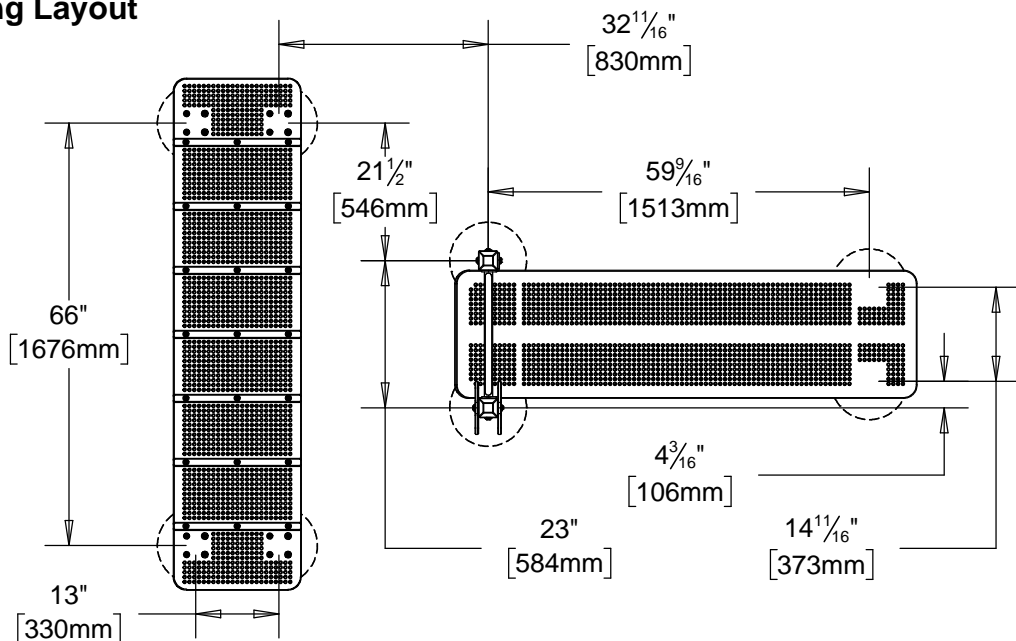
Elevation View

Refer to Footing Layout and mark footing hole locations. Dig (8) Ø12" footing holes. Refer to Footing Detail for depth and details.

IMPORTANT: For areas with soft soil conditions, larger footings may be required.



Top View - Footing Layout



Step 2

For Surface Mount Only

Referring to Footing Layout and using Surface Mount Foot as a template locate and mark anchor hole locations. Follow the installation procedure for Expansion Anchors as provided by the manufacturer. Expansion Anchors are not included with assembly.

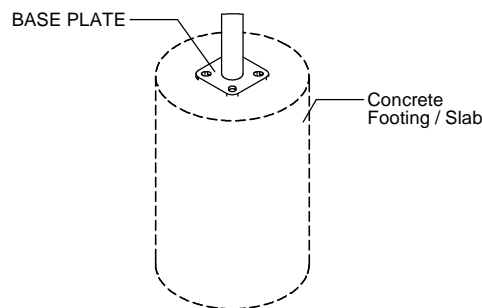


FIGURE 2

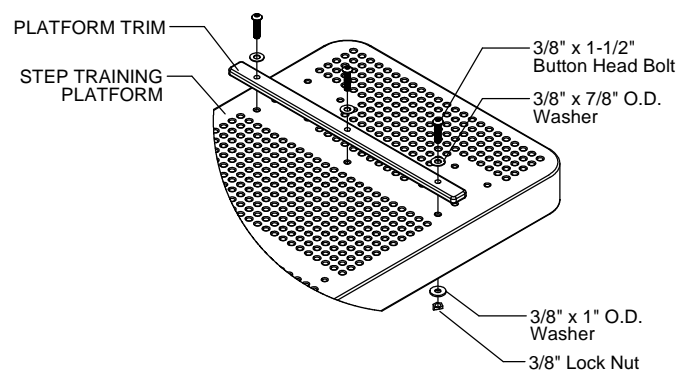


FIGURE 3

Step 3 (Factory Assembled)

Attach Platform Trim to Step Training Platform as shown in Figure 3. (See Note A)

Step 4

Attach Platform Leg to Step Training Platform as shown in Figure 1.1. (See Note A)

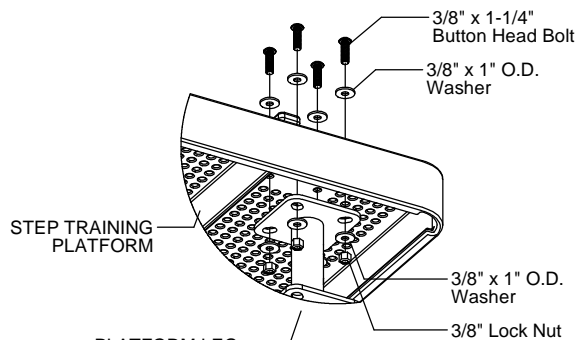


Figure 1.1

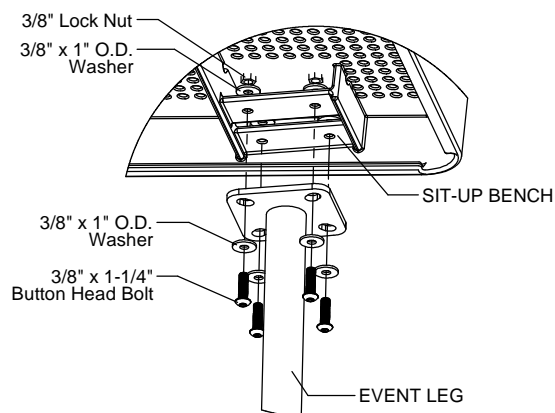


Figure 1.2

Step 5

Attach Event Leg to Sit-up Bench as shown in Figure 1.2. (See Note A)

Step 6

Referring to Figure 1 and Footing Layout, attach Sit-up Bench to Exercraft Posts as shown in Figure 4. (See Note A)

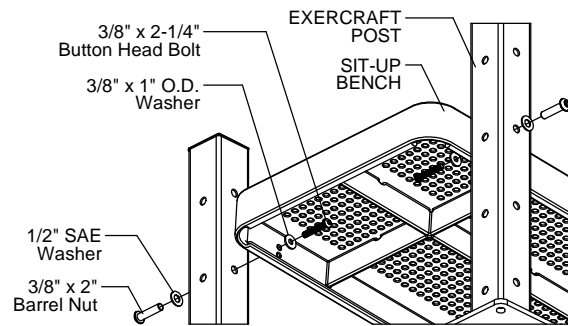


FIGURE 4

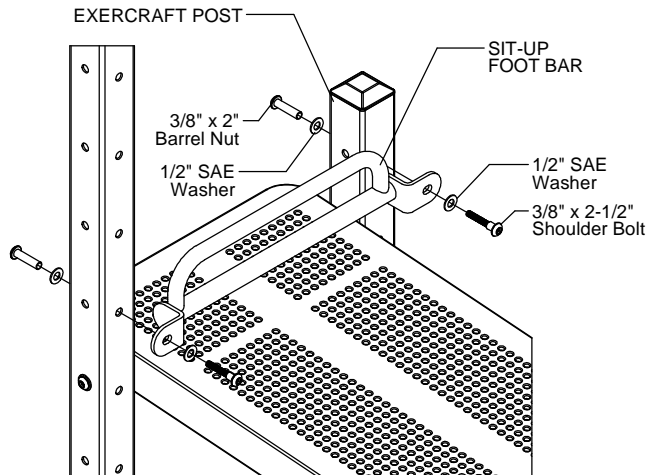


FIGURE 5

Step 7

Referring to Figure 1 and Footing Layout, attach Sit-up Foot Bar to Exercraft Posts as shown in Figure 5. (See Note A)

Step 8

Insert Hole Plugs evenly and flush into Exercraft Posts as shown in Figure 6.

Step 9

Fully tighten all fasteners according to the "TIGHTENING TORQUE FOR HARDWARE" section of the Installation Manual.

Step 10

For Surface Mount Only

Plumb and level entire component. Secure surface mounts to Expansion Anchors.

Step 11

For Inground Mount Leg Only

Plumb and level entire component. Pour concrete into footing holes. Allow at least 72 hours to cure before using this equipment. (See Note B)

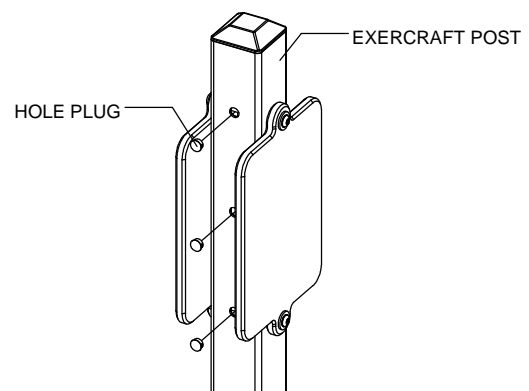


FIGURE 6

SIT-UP & STEP TRAINING STATION INSTALLATION INSTRUCTIONS

EC-8435
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Parts List

SURFACE MOUNT		
Part #	DESCRIPTION	QTY.
CD-0665	Exercraft Basics Sit-Up Bench	1
FS-EC8435-SM	Exercraft Basics Event Leg - Surface Mount	2
FS-EC8435-BAR	Exercraft Basics Sit-Up Foot Bar	1
FS-EC8435-LEG-SM	Step Training Platform Leg - Surface Mount	4
30113	9/16" Hole Plug	36
9103062-TR	Bolt Button Head 3/8" x 1-1/4"	24
9103102-TR	Bolt Button Head 3/8" x 2-1/4"	2
9143112-TR	Bolt Shoulder 3/8" x 2-1/2" BH	2
9333002	Washer Flat 3/8" x 1" O.D. x .100" thick	50
9345002	Washer Flat SAE 1/2"	6
9413002	Nut Lock 3/8"	24
9443092-TR	Nut Barrel 3/8" x 2" BH	4

INGROUND MOUNT		
Part #	DESCRIPTION	QTY.
CD-0665	Exercraft Basics Sit-Up Bench	1
FS-EC8435	Exercraft Basics Event Leg	2
FS-EC8435-BAR	Exercraft Basics Sit-Up Foot Bar	1
FS-EC8435-LEG	Step Training Platform Leg	4
30113	9/16" Hole Plug	36
9103062-TR	Bolt Button Head 3/8" x 1-1/4"	24
9103102-TR	Bolt Button Head 3/8" x 2-1/4"	2
9143112-TR	Bolt Shoulder 3/8" x 2-1/2" BH	2
9333002	Washer Flat 3/8" x 1" O.D. x .100" thick	50
9345002	Washer Flat SAE 1/2"	6
9413002	Nut Lock 3/8"	24
9443092-TR	Nut Barrel 3/8" x 2" BH	4

Assembled Parts List

Part #	DESCRIPTION	QTY.
CD-0666	Exercraft Basics Step Training Platform	1
ED-0023	Step Training Platform Trim	7
9103072-TR	Bolt Button Head 3/8" x 1-1/2"	21
9333002	Washer Flat 3/8" x 1" O.D. x .100" thick	21
9333042	Washer Flat 3/8" x 7/8" O.D.	21
9413002	Nut Lock 3/8"	21

Specifications

EXERCRAFT BASICS SIT-UP BENCH & STEP TRAINING PLATFORM:

Shall be fabricated using punched and formed 12 gauge sheet steel. The Exercraft Basics Sit-up Bench & Step Training Platform shall have a Play Tuff™ finish.

EXERCRAFT BASICS SIT-UP FOOT BAR:

Shall be fabricated using 1.315" O.D. 12 gauge steel tubing with welded 1.029" O.D. 14 gauge steel tubing and 1/4" thick steel mounting brackets. The Exercraft Basics Sit-Up Foot Bar shall have a multi-stage baked-on powder coat finish.

STEP TRAINING PLATFORM TRIM :

Shall be made from high density 3/4" sheet plastic specially formulated for optimum UV stability and color retention.

STEP TRAINING PLATFORM LEG & EVENT LEG:

Shall be fabricated using 1.660" O.D. 11 gauge steel tubing with welded 1/4" thick steel mounting plates. The Step Training Platform Leg & Event Leg shall have a multi-stage baked-on powder coat finish.

HARDWARE:

Shall be stainless steel, zinc/nickel plated or galvanized as required to resist rust and corrosion.

Maintenance

Periodically tighten all screws, bolts and nuts. A periodic inspection of all parts is necessary. If a part is broken or worn, replace immediately. For general maintenance please refer to our Playground Maintenance Manual.



Manufactured by Krauss Craft, Inc.
www.playcraftsystems.com

For Customer Service Call
800.333.8519 (U.S.A.) or
541.955.9199 (International)

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